



# Freeing the Human Spirit & Human Trafficking in Toronto Workshop

## WORKSHOP FEATURES:

- The biographical documentary film “The Fires that Burn: The Life and Work of Sr. Elaine MacInnes”
- Freeing the Human Spirit volunteers will then explain the program of Meditation and Yoga they deliver weekly in Canadian prisons, followed by instruction in these disciplines.
- Sr. Celeste Reinhart, SSND will present “Set the Captives Free: Human Trafficking in Toronto”

Wednesday April 21, 2010 at 9:00am – noon  
Regis College at 100 Wellesley St. West, Toronto.  
Preregistration is required. Fee: *Pre-payment of \$20 for Regis students or \$40 for others.*

Regis College is the Jesuit Faculty of Theology at the University of Toronto  
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St. Joseph Chapel  
Regis College  
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