

APPLICATION PROCESS

Candidates normally have completed the full Spiritual Exercises of St. Ignatius in either a closed 30 day retreat or in an adapted setting such as the Spiritual Exercises in Everyday Life.

The Program Co-Ordinators offer guidance to candidates who have not completed the Spiritual Exercises. In some instances, it may be possible to begin course work before or concurrently with undertaking the Exercises.

Candidates are expected to be able to maintain the basic academic standards required for the course including a competence in oral and written English. For further details please contact Regis College Student Services.

Candidates are expected to have considerable life experience and a high level of maturity. Candidates are required to bring a capacity for genuine self-awareness to an ongoing process of supervision.

Candidates should apply as early as possible to ensure they have enough time to obtain necessary documentation – e.g. visas and student permits -- for student life in Canada.

ABOUT REGIS COLLEGE

The College is situated in the centre of the main campus of the University of Toronto and students have access to its libraries and many of the athletic and cultural resources.

Program Coordinators:

Maureen McDonnell, D.Min., extension 264 or maureen.mcdonnell@utoronto.ca

Monty Williams, S.J., Ph.D, extension 251 or monty.williams@me.com

Further details and applications packages for the Diploma in Ignatian Spirituality may be obtained by contacting Student Services.



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*PRESENTS
A NEW COURSE
OF STUDIES*

THE DIPLOMA IN IGNATIAN SPIRITUALITY

*Regis College is Jesuit College at the
University of Toronto.
Founding Member of the Toronto School of Theology*

Diploma in Ignatian Spirituality

GOALS

The program assists women and men to discern their capacity for the ministry of spiritual direction in the Ignatian tradition.

Offers opportunities for ongoing professional development integrating theological reflection with the practice of spiritual direction.

Fosters an integration of practical training in the art of spiritual direction and critical reflection in the tradition of St. Ignatius of Loyola.

Works collaboratively with established programs, institutions, and communities committed to maintaining and promoting the availability of spiritual direction in everyday life, and in retreat settings.

Advances the intellectual development of those seeking further study in spiritual direction with an emphasis on the Ignatian charism.

MISSION

This Diploma in Ignatian Spirituality is for persons interested in developing the ministry of spiritual direction with an emphasis on the apostolate of the Spiritual Exercises.

These would include religious and lay people, drawn from North America and internationally -- as well as those who are in training to assume positions of leadership in diverse Christian traditions and are seeking practical training in discernment, facilitation of groups, and ways of reading contemporary culture.

This diploma addresses the needs of those who are becoming more involved in the apostolate of the Spiritual Exercises.

This course of studies provides the opportunity for ongoing formation of spiritual directors with an emphasis on Ignatian spirituality, and on the Spiritual Exercises in a closed 30 day retreat or in an adapted setting such as the Spiritual Exercises in Everyday Life.

The diploma accommodates people with different skills, needs, and qualifications with individualized programs of study.

The Diploma can be completed in a single academic year of full-time study or may be pursued on a part-time basis over several years.

The program combines courses in theological studies with practical experience under supervision in spiritual direction, workshops on recollection and appropriation, retreats, facilitation and discernment processes.



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