

**2010-1 RGP 3212Y: Spiritual Exercises of St. Ignatius of Loyola**  
**Monty Williams, S.J.**

**Course Syllabus**

**Course Description:**

The goal of this course is 1) to prepare a student to present the spiritual exercises, 2) to allow the student to understand the dynamics of these exercises and 3) to expose the student to the underlying theology of these exercises.

This will be done through a close reading of the text in translations and an intensive analysis of the structure, content, and spirituality of these Ignatian Exercises in such a way as to prepare the student for general ministry in spiritual direction and growth for ministry in this tradition.

The work will proceed through lectures, discussion, and research and the student's expertise will be measured through class participation and short papers.

**Grading:**

Assessment: 8 Papers of 500 words (80%); Class participation (20%)

While it is intended primarily for those who seek to direct the Exercises, and who would have had some previous exposure to the Exercises, it is open to those who are interested in the area. Permission of the instructor is required.

Please note that this course is for double credit and meets twice a week in two 2 hour sections

**Required Text:**

- The Spiritual Exercises of St. Ignatius by Louis J. Puhl, S.J.

Or

- The Spiritual Exercises of St. Ignatius by George E. Ganss, S.J.

- Understanding the Spiritual Exercises by Michael Ivens, S.J. (Gracewing, 1998)

- Finding God in the Dark: Journeying through The Spiritual Exercises by Pungente and Williams (Novalis, 2004)

**Class Time-table:**

CLASS 1: Intro. To Ignatian life and times; Ignatian theology and Mysticism  
Research Tools/ Different Translations/ Class Procedure Setting  
Up disposition Days: Creation/ Redeemed History/ Unredeemed

History/ Approaches to particular direction Prayer/ structures of Ignatian prayer/ Variations

CLASS 2: Annotations 1-21  
Principle and Foundation (22, 23)

CLASS 3: Examen : 24 -44  
Rules Better Suited For First Week ( 313-327)

CLASS 4: Rules Better Suited For First Week (313-327)  
Rules More Suitable for the Second Week (328 -336)

February

CLASS 5: First Week (45-90)  
First Week

CLASS 6: First Week

CLASS 7: Second Week  
Second Week

CLASS 8: Second Week

CLASS 9: Third Week  
Third Week

CLASS 10: Fourth Week  
Fourth Week

CLASS 11: Fourth Week  
Rules For Alms (337-344)  
Notes Concerning Scruples (345- 351)  
Rules For Thinking With Church (352 -370)

CLASS 12: Making A Choice of A Way of Life (169-189)  
Making a Choice + Verifying Choice  
Overview of Exercises

CLASS 13: The Directories and Adaptations  
Case Studies and Questions  
The Integrity of the One giving the Exercises