

# Lupina Lectures on Critical Issues in Global Health

**Mark G. Williams**

University of Oxford

**Mindfulness, Meditation and Mood  
Does a Secular Spirituality Make Sense?**

**Response by Michael Stoeber**

Regis College

**Wednesday December 3, 2008 7:30 pm**

Elliott MacGuigan Hall, Regis College

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Stairwell leading to the Lupina Center  
New Regis College, 100 Wellesley St. W.  
Opening September 2009  
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