

Regis College

Overview of Second Cycle Degree Programs

Supporting Intellectual and Praxis Formation in Ignatian Spirituality

Masters of Theology – Option I (civil ThM) combined with License in Sacred Theology (ecclesial STL). This option may serve to qualify a student for doctoral studies.

- Seven courses – all at 5000 or 6000 level; four in concentration; two from one or more other areas, usually ancillary to area of concentration; one additional course in Roman Catholic Counciliar theology.
- Research Languages – one ancient, one modern
- Thesis in area of concentration.

Masters of Theology – Option II (civil ThM) focuses on pastoral theology, not combined with STL. This option offers a scholarly enhancement or disciplined reflection on a specialized function in ministry and does not qualify a student for doctoral studies.

- Eight courses – all at 5000 or 6000 level, except up to four 3000 level courses may be taken when no corresponding 6000 level course is available; six in concentration; two from one or more other areas, may include a practicum in Ignatian Direction.
- Research Languages – only if required for area of investigation, usually none
- Major Paper in conjunction with one course.

Masters of Sacred Theology – Option I (STM) focuses on pastoral theology, requires two units of practical training and theological reflection.

- Eight courses – three at 6000 level, three at 3000 level, two units in praxis setting with theological reflection, may include practical training in Ignatian Direction.
- No research languages required. No thesis required.

Masters of Sacred Theology – Option II (STM) focuses on pastoral theology with an emphasis on integration for ministry, requires two units of practical training and theological reflection.

- Ten courses – three at 6000 level, three at 3000 level, two courses in integration seminars, two units in praxis setting with theological reflection, may include practical training in Ignatian Direction.
- No research languages required. No thesis required.

Examples of Recent Thesis Projects Focused on Drawing on Ignatian Spirituality

Anh, Anthony. “St. Ignatius’ Mystical Experiences in his Reminiscences in Light of Some Contemporary Understandings of Mysticism.”

Fernandes, Elton. “Suffering as a Compassionate Response to the Suffering Other: The Spirituality of the Sacred Heart and the Vows of the *Bodhisattva*.”

Kokonkai, Zoltan. "The Relationship between Prayer and Vocation in the Theology of Hans Urs von Baththasar."
Lee, Kwanhyoung. "Ignatian Discernment: A Key Tool for Authentic Christian Discipleship in the Korean Protestant Church."
Louis, Ravi Michael. "Appropriating Human Desiring: The Fate of Historical Transcendence."
Michaelson, Sean. "Theo-Drama in the Absurd: Balthasar, Absurd Theatre and Divine Activity."
Reyes, Celerino. "That They May Bear Much Fruit: Ecclesial Lay Ministry as Spiritually Formative?"
Seenivansa, Norris. "The Mystical Dynamics of the Contemplatio as an Impetus for Apostolic Service."

Courses Available

RGB: Bible Department
RGP: Pastoral Department
RGT: Theology Department

First Cycle: 1000, 2000, 3000 levels
Second Cycle: 3000, 5000, 6000 levels
Third Cycle: 5000, 6000 levels

1) Courses that focus on the Spiritual Exercises and Ignatian Spirituality

RGP1621H Introduction to Ministry – Gilles Mongeau, S.J.,
RGP3216H Understanding the Spiritual Exercises of St. Ignatius – Monty Williams, S.J.
RGT5920H Ignatian Mysticism and Ecological, Social, Cultural, Personal Transformation – Gordon Rixon, S.J.
RGT6/352H The Theology of the Spiritual Exercises – Gil Goulding, C.J.,
RGT6/3706H The Ignatian Contribution to Contemporary Ecclesiology – Gill Goulding, C.J.,

2) Courses that employ Ignatian dynamics in their treatment of other topics

RGB6/3805H The Bible and Violence – Scott Lewis, S.J.
RGB6/3821H Spirituality and Christian Life in the New Testament – Scott Lewis, S.J.
RGP5224H The Interface of Spirituality and Theology [David Tracy] – Gill Goulding, C.J.
RGP6/3214H Spirituality and Culture – Mary Jo Leddy,
RGP6/3809H Doing Theology in the Canadian Context – Mary Jo Leddy,
RGP6/3840H Political Discernment – Mary Jo Leddy,
RGT1101HF Foundations of Theology – Gordon Rixon, S.J.

RGT2341 Ecclesiology - John Dadosky,
RGT2712H Theology as Biography – John Dadosky,
RGT5239H Holy Intimacy: Kenosis – Gill Goulding, C.J.
RGT6/3243H Christology – Gilles Mongeau, S.J.
RGT6/33333HS Transforming Dynamics of Grace – Gordon Rixon, S.J.
RGT6/3581The Theology of Hans Urs von Balthasar – Gill Goulding, C.J.
RGT6/3601 Faith and Culture – John Dadosky,
RGP6/3271H The Imagination of Spirit – Mary Jo Leddy,
Theology of John Paul II – Gill Goulding, C.J.
RGT6/3222H God, One and Triune – Gilles Mongeau, S.J.

3) Courses that are related to Ignatian Spirituality, i.e. address historical, pastoral, biblical or systematic topics that are relevant to thorough appropriation.

RGT3571H Bernard Lonergan’s Method in Theology – Gordon Rixon, S.J.
RGT5578H Bernard Lonergan’s Method in Theology – Gordon Rixon, S.J.
RGP6/3206 Classics of Christian Spirituality (cross-listed to Theology) - Michael Stoeber,
RGP6/3210 Comparative Mystical Traditions (cross-listed to Theology) - Michael Stoeber,
RGT6/3220H Prophetic Voices from Carmel - Gill Goulding, C.J.
RGP6/3251 Psychotherapy and Spiritual Direction - Joseph Schner, S.J.
RGP6/3554 Psychology of Religious Faith Development - Joseph Schner, S.J.
RGT6/3570Y Lonergan’s Insight - John Dadosky